

Plan Entrenamiento Crossfit

Daniela Niemeyer

PLAN Definition & Meaning - Merriam-Webster plan, design, plot, scheme, project mean a method devised for making or doing something or achieving an end. plan always implies mental formulation and sometimes graphic representation. **plan, planned, plans, planning- WordWeb dictionary definition** Have the will and intention to carry out some action "He plans to be in graduate school next year "; "The rebels had planned turmoil and confusion " Derived forms: planned, plans, planning Type of: arrangement, cerebrate, cogitate, drawing, idea, intend, mean, organisation [Brit], organization, system, think, thought Encyclopedia: Plan, Isere *Plan Definition & Meaning - YourDictionary* Plan definition: An orderly or step-by-step conception or proposal for accomplishing an objective. [PLAN definition and meaning | Collins English Dictionary](#) A plan is a method of achieving something that you have worked out in detail beforehand. The three leaders had worked out a peace plan. The project is part of a United Nations plan for refugees. [Plan Definition & Meaning | Britannica Dictionary](#) PLAN meaning: 1 : a set of actions that have been thought of as a way to do or achieve something often + for; 2 : something that a person intends to do often plural **Plan - Wikipedia** A plan is typically any list of steps, with details of timing and resources, used to achieve an objective. It is commonly understood as a temporal set of intended actions through which one expects to achieve a goal, and is sometimes represented by a diagram. *PLAN | English meaning - Cambridge Dictionary* PLAN definition: 1. a set of decisions about how to do something in the future: 2. a type of arrangement for.... Learn more. **plan, n. meanings, etymology and more | Oxford English Dictionary** There are 16 meanings listed in OED's entry for the noun plan, three of which are labelled obsolete. See 'Meaning & use' for definitions, usage, and quotation evidence. [What does plan mean? - Definitions for plan](#) A plan typically includes setting objectives, identifying resources required, establishing timelines, and allocating responsibilities to effectively accomplish the desired outcome. **plan - Wiktionary, the free dictionary** 5 days ago · A plan ("set of intended actions") can be developed, executed, implemented, ignored, abandoned, scrapped, changed, etc.

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