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Marcel A. Müller

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selbstliebe geführt sonst wärst du ja
nicht hier und deshalb solltest du sie

verändern 2 verhaltens und
gedankenmuster sind extrem
hartnäckig und dein unterbewusstsein
kennt alle tricks und kniffe dich
klammheimlich wieder zu alten
mustern zurückzuführen wenn du
versuchst etwas zu verändern