

Acidez De Estomago Biodescodificacion

Yenni Payeski

Biodescodificación Nadia Giraudo, 2020-05-22 ¿Alguna vez te enfermaste justo cuando estabas atravesando un periodo de mucho estrés emocional o cuando “casualmente” recién estabas saliendo de él? ¿Repites patrones de comportamiento y relacionales que no te gustan pero no puedes salir de ellos? ¿Sientes que tienes emociones dolorosas que, aunque se hayan originado hace mucho tiempo, no puedes soltar? En este libro podrás encontrar un compendio de los conceptos claves de la Biodescodificación y otros provenientes de la Medicina Cuerpo Mente Alma, desde una mirada médica, científicista y, a la vez, absolutamente holística que te ayudaran a salir de lo anterior. Con ellos podrás conocer no solo cuál es el origen emocional tus síntomas físicos, sino también las creencias limitantes que hoy en día no te permiten vivir en plenitud. Entre otros temas la autora aborda en este libro el sentido simbólico de tus síntomas, la detección y actualización de creencias limitantes, la influencia de la Psicogenealogía en tu vida, la autoestima, como gestionar adecuadamente tus emociones y como resignificar los historias que hasta ahora te has estado contado. Aprenderás a conocerte de forma muy profunda cómo mejorar tus relaciones y reprogramar tus patrones y emociones para alcanzar la vida que deseas. En síntesis: Podrás comenzar a desactivar tus síntomas físicos desde su raíz.

Gastritis Yenni Payeski, 2024-10-18 Conviértete en jefe de tu proceso de sanación al comprender el modo de actuar de la madre naturaleza. ¿Vives permanentemente situaciones injustas? ¿Con rabia/enfado? Esta sencilla e informativa guía para principiantes está dirigida a las personas que deseen descubrir los secretos de su estómago para aliviar hasta lograr eliminar desde su origen dolores de panza (tripa, zapan, barriga, guata, vientre, abdomen), como también los síntomas de acidez, gases o deposiciones frecuentes y evitar depender de algo que te venden con la falsa ilusión del alivio hasta que los síntomas vuelven a aparecer. Encontraremos la fuente de este dolor y dejaremos de tapar los síntomas. Empieza por preguntarte: ¿Qué situación vives como amenaza? ¿A quién no soportas? En el momento en que logres reducir la sensación de amenaza tu estómago se normalizará. Todo tiene que ver con la atención. ¿Dónde pones tu atención? Cuando el ego se siente amenazado, es lo que hace que veamos al otro no solo como distinto sino como distante. Nuestro estado emocional, lo estamos transmitiendo sin darnos cuenta y al ser captado inmediatamente posiciona a la otra persona de tal manera que “lo que tú le digas en palabras ya se encuentra con el estado emocional con el que esa persona está”. La mirada de desprecio, el otro la siente. Se han detectado cambios en el campo electromagnético que procede del corazón hasta tres metros de distancia. Es

decir, estás influyendo en la otra persona, dependiendo la situación de tu corazón. El corazón manda mensajes directos al cerebro y al tubo digestivo. Cuando te sientes amenazado (lo que más miedo nos da es el juicio del otro) esta sincronización entre corazón, cerebro y tubo digestivo desaparece. Para lograr un cambio de mirada de la enfermedad deseo que empieces a sumergirte en el mundo de la descodificación biológica como me hubiese gustado que me explicaran desde cero y en forma simple, para una mortal que necesitaba aliviar sus síntomas sin tantos rodeos, pero, buscando una solución real y efectiva. Descubre cómo cambia tu cerebro cuando cambias de perspectiva. Mi propósito final es darte a conocer que existe una vida sin dolor, aunque en estos momentos te cueste creerlo. Translator: YENNI PAYESKI PUBLISHER: TEKTIME

Bio estómago v3 tiendas Yenni Payeski, 2024-10-24

Despierta la energía que hay dentro de ti Diana López Iriarte, 2017-03-14 Sueñas a menudo con un mundo mejor? ¿Te has sentido muchas veces estancado en medio de tus días y con ganas de que pronto pase algo que lo transforme todo? ¿Estás buscando respuestas y herramientas que te den la fuerza, el poder y la valentía suficientes para vivir la vida de tus sueños? En definitiva... ¿te gustaría recuperar la energía y con ella hacerte con el control total de tu vida? Si has respondido que sí a alguna de estas preguntas, más allá de cuáles sean tus circunstancias actuales, ya estén llenas de enfermedad, carencias afectivas, físicas, emocionales, económicas, etcétera, etcétera, entonces te invito a leer este libro. Porque en él descubrirás todos los conocimientos de alimentación, crecimiento personal, salud y energía, que me ayudaron a sanar y transformar, no sólo mi cuerpo sino mi vida al completo, superando enfermedades más o menos graves como son la fibromialgia, colon irritable y migrañas crónicas. Entonces... ¿Te vienes conmigo a descubrir un mundo nuevo? LO QUE DICE LA CRÍTICA Un libro que te ayudará a asombrarte como un niño con las capacidades que tenemos los seres humanos para sanar y transformar nuestra vida, simplemente con un cambio de hábitos guiado. - Álvaro Martín Kellogg SOBRE LA AUTORA Diana López Iriarte, autora, conferenciante, consultora en proyecto de vida y auto-liderazgo, y experta en alimentación, además de consultora Macrobiótica. Ha creado su propio sistema terapéutico para sanar, incluyendo el cuerpo, la mente y la emoción. Hoy imparte conferencias y cursos por todo el mundo.

Reviewing **Acidez De Estomago Biodescodificacion**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Acidez De Estomago Biodescodificacion**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible

imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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